Recovery Implementation Task Force

Training/Education Committee

Friday, July 20, 2018

12:30-3:20pm

Prairie Oak State Office Building
Department of Agriculture, Trade, and Consumer Protection
2811 Agriculture Drive
Madison, WI 53718

Minutes

Attendance - Wendy Koch, Maria Hanson, Kris Ball, Joann Stephens, Theresa Kuehl, Michael Conwill, Anneke Brainerd, Theresa Kuehl, Shelly Monroe, Amy Payne

Committee Announcements

- 1. Discussion about need for additional committee leadership.
 - a. Committee chairs participate in one meeting every other month (months opposite of the RITF meeting) to set the agenda for the committee. They serve as meeting facilitators during the committee meeting at RITF. Currently we have one chair of the committee, Anneke. Anneke's skilled at facilitating groups and is a strong member of the committee. The committee structure is to have two chairs for a committee and Anneke prefers to work with partnership with another person to share chair responsibilities.
 - i. Julie Wood's name was brought up as a suggested co-chair. Julie is not present at today's meeting.
 - ii. Kris Ball also expressed interest.

Minutes from March Meeting

- 1. Minutes from March meeting were reviewed. [The committee did not meet in May, thus no minutes were taken].
- 2. Follow-up from minutes

- a. At the March meeting, Julie Wood mentioned her interest in creating opportunities for CPS and Recovery Coaches to connect through social media. The subcommittee awaits an update.
- b. Maria followed up with Dee about use of CPS website to disseminate information related to training opportunities and CPS related things. Dee approved of this.
- c. The committee discussed ongoing needs for CPS
 - i. Many CPS work in isolation and there is a universal (unmet) need for support (ethics & boundaries, for example), community and ongoing training for CPS. Anneke mentioned the desire for internship opportunities, where new CPS can move into their new role with support & mentoring. Shelly mentioned how the desire for mentorship has been an ongoing need.
- 3. Debriefed TIC Training from May RITF meeting
 - a. Need for a thorough trauma-transformation effort at agency/institute level. People with lived experiences need to be included within transformation efforts. Consumers around the state need training about trauma-informed and trauma-responsive services what they look like.
 - i. Committee discussed their responsibility in educating people in the state about trauma-informed care and trauma-responsive service. No decisions were made.
 - ii. Need for agencies that hire CPS to be implementing trauma-informed policy & practice.
 - b. There are free Trauma-Informed Care trainings on the web
 - i. <u>Trauma Informed Care_101</u> Presented by Joann Stephens
 - ii. Three modules presented by Scott Webb
 - 1. Module 1: The Many Faces of Trauma
 - 2. Module 2: Adverse Childhood Experiences (ACES)
 - 3. Module 3: Empowering. Engaging. Effective

Follow-up on **CPS Core Competencies** discussion from March

- 1. Committee members were curious if there is a current study guide that corresponds with CPS training. A study guide would be something that someone mentoring someone preparing for the exam/re-take of the exam. View the study guide.
 - a. Scope of Practice for CPS
 - b. Code of Ethics for CPS
- 2. Shelly called Luann during the meeting and Luann confirmed that she didn't think booster sessions were necessary for CPS trained on earlier versions of the curriculum. Luann suggested we go through the core competencies and <u>define</u> what they mean to each of us. This process was described as "operationalize" the core competencies.

- a. National Practice Guidelines for Peer Supporters
- b. Lalena has two draft documents where the competencies are started to be defined and operationalized.
 - i. Joann and Theresa should get these from Lalena.
- 3. Discussion about the need to remove the fears that past CPS have about the new trainings, that new CPS are getting training that previously trained CPS didn't. Suggestion to communicate via letter to past CPS to alleviate those fears and to share resources links to free trainings & ongoing educational opportunities. Maybe link folks to Voices of Recovery. This could also be an opportunity to notify them about changes in staff.
 - a. Snail mail is preferred for this, though sending email is an option. The committee suggested working on this between meetings.

Next steps/Action Items:

- 1. Amy and Maria will meet to explore the needs around communicating to all CPS, they'll present that at the next meeting.
- 2. During the executive committee call, discuss having Luann come to the next meeting, if we'd like to continue to discuss core competencies. [She told Shelly she'd come if we'd like her].
 - a. Executive Committee Phone Call (open to all of us)
 - i. Friday, August 17 11am-12:30pm
 - 1. Conference Call phone number 877-820-7831 Access code 458043